



KNIGHTS
CATERING

LUNCH BOWL MENU



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Beef and Guinness

A rich Irish Stout Stew served with Creamy Mash Potato

Chilli Beef Nachos

Mexican Chilli Beef served with Nachos, Guacamole Sour Cream Salsa and Grated cheese

Bangers and Mash

Irish Pork Sausages served with Creamy Mash and Onion and Thyme Gravy

Warm Pulled Pork Salad

Shredded Carrot and Cabbage, Sweet Potato Radish Apple and Baby Leaves with Honey and Mustard Dressing

Lamb Rogan Joshe

Our Unique Rogan Joshe Recipe Chunks of Lamb cooked in their own Cardomom tinged juices, Plum Tomatoes Coriander and topped with toasted Cashew Nuts served with Aromatic Pilau rice

Chicken Korma

A Mild Creamy Indian Curry with toasted Almonds served on a bed of Basmati Rice

Green Thai curry

A Fragrant and Pungent Curry with Fresh Green Chillies, Ginger and Lemongrass infused in Coconut Milk, with Pak Choi and Coriander

Thai Massaman Chicken

Served on a bed of Basmati Rice with Roasted Nuts

Aubergine and Potato Caponata

Braised Aubergine and Potato in a rich Tomato Sauce with Capers and Balsamic Vinegar

Chickpea, Spinach & Honey Sweet Potato

Roasted Sweet Potatoes with Chickpeas in a Garlic Herb, Chilli and Tomato Sauce

